

October 2025

Soul Space

Quarterly Newsletter



Center for
Spiritual
Development

A MINISTRY OF THE
SISTERS OF ST. JOSEPH
OF ORANGE

THE JOYS OF AUTUMN

*We bless you,
God of Seed and Harvest
And we bless each other
That the beauty of this world
And the love that created it
Might be expressed through our lives
And be a blessing to others
Now and always.
Amen.*

As we ease into the joys of this beautiful season, the Center for Spiritual Development team looks forward to welcoming you -- on Zoom or in person -- to any and all of the events we have put together to nourish your spiritual life, to help you find refreshment and inspiration, and to draw closer to God and one another. Keep scrolling to see what we have planned over the next few months -- and blessings on your Autumn!

The Center for Spiritual Development Team

IN-PERSON EVENTS

Sarah Hart Concert

Hallelujah is Our Song

| IN PERSON ONLY

SATURDAY, OCT. 4, 2025 | 7-9 PM PT

Presented by: Sarah Hart

On the Feast of St. Francis of Assisi, we will gather together and celebrate the glory of creation with a beautiful concert by Grammy-nominated songwriter/composer, producer, recording artist, author, speaker, workshop educator and worship leader Sarah Hart.

[REGISTER HERE](#)



Love Poured Out for the World: To Live as Eucharist

| IN PERSON ONLY

SATURDAY, OCT. 18, 2025 | 9 AM-4 PM PT

Presented by: Sister Jane DeLisle, CSJ, and Sister Katherine "Kit" Gray, CSJ

We are called to be Eucharistic people, people of thanksgiving and presence. This retreat day will explore the fuller meaning of Eucharist and the invitation to be Eucharist for others.

Embracing the Gift of Advent: Journey of the Soul

| IN-PERSON ONLY

SUN., DEC. 7, 2025

This retreat experience will explore the



themes of hope, faith, joy, and peace that are the gifts of each Advent season.

REGISTER HERE

ONLINE EVENTS



REGISTER HERE

The Joyful Mysteries in Advent and on the Feast of the Immaculate Conception

| ON ZOOM ONLY

MONDAY, DEC. 8, 2025 | 7-8 PM PT

Presented by: Julie Mussché

Join us in praying an Advent rosary on the Feast of the Immaculate Conception, reflecting on the Joyful Mysteries with prayerful intention and engaging Imago Divina.

ALL SAINTS DAY

Inclusive Icons: A Walk with the Artist

| IN PERSON

SATURDAY, NOV. 1, 2025 | 9:30 AM - 3 PM PT

Presented by: Patricia Brintle

Walk with Pat through her collection of Inclusive Icons, a sacred art exhibition and spiritual retreat. Spend the day immersed in the lives of the holy men and women from around the world. Uncover the deeper meanings and subtle nuances woven into each painting. Let the stories of these saints invite you into reflection on the universal spiritual themes of compassion, courage, justice, and love.



HYBRID EVENTS

Exploring the Enneagram

| IN PERSON OR ON ZOOM



PART 1: SATURDAY, NOV. 22, 2025

| 9 AM - 3 PM PDT

PART 2: SATURDAY, JANUARY 17, 2026

| 9 AM - 3 PM PDT

In the Christian tradition, the Enneagram can deepen your understanding of who you are before God -- and reveal insights into how you relate in your family, to friends and in the workplace. Join us for the first part of Exploring the Enneagram on November 22, or sign up for the two-part series that concludes on January 17, 2026.

REGISTER TO ATTEND THE
SERIES IN PERSON

REGISTER TO ATTEND
PART 1 IN PERSON

REGISTER TO ATTEND THE
SERIES ZOOM

REGISTER TO ATTEND
PART 1 ON ZOOM

FOR MEN

Men on the Way

| IN PERSON

**THIRD SATURDAY OF THE MONTH
| 8-10 AM PT**

Men on the Way is a ministry for men who are seeking to grow in faith, strengthen their spiritual lives, and build meaningful connections with others on the journey. Each gathering offers prayer, reflection, and the opportunity to share experiences, moments where life and faith intersect.



OCTOBER 18

NOVEMBER
15

DECEMBER 20

TAIZÉ PRAYER



Taizé Prayer Service

| IN-PERSON ONLY

THIRD THURSDAY OF THE MONTH | 7-8 PM PDT

Join us as we come together in Taizé song and prayer, with time for silence and sacred readings. All faith traditions are welcome.

OCTOBER 16

NOVEMBER
20

DECEMBER 18

FOR SPIRITUAL DIRECTORS

Dwellings of the Soul: Teresa of Avila's Masterpiece on Prayer & Transformation

| ON ZOOM ONLY

SATURDAY, OCT. 25, 2025 | 8-10 AM PT

Presented by: Laurel Mathewson

How can a 16th-century Carmelite impact your spiritual direction? This workshop brings this renowned spiritual leader into focus for contemporary spiritual directors.



[REGISTER HERE](#)



[REGISTER TO ATTEND ON ZOOM](#)

[REGISTER TO ATTEND IN PERSON](#)

Renewing Life: Embracing God's Call to Simplicity, Balance, and Love

| IN PERSON OR ON ZOOM

SATURDAY, NOV. 15, 2025 | 9 AM - 12 PM PT

Presented by: Claire Frazier-Yzaguirre, MFT

Learn practical skills to embrace the present moment with love, clearing your mind, heart, and schedule of negative thoughts, emotional 'residue,' and distractions. Discover how to craft and live the 'REAL LIFE' God calls us to -- a life centered on Him, marked by simplicity, balance, and love for others.

Heart to Heart Gathering for Spiritual Directors

| ON ZOOM ONLY

TUESDAY, DEC. 2, 2025 | 2-3:30 PM PT

Join us for a free gathering for spiritual

directors to connect, share insights, pray, and build community.

[REGISTER HERE](#)



FOOD DRIVE



Food Drive Benefiting Catholic Charities of OC

| IN-PERSON ONLY

ACCEPTING DONATIONS THROUGH DECEMBER 2025

St. Joseph Center is holding a months-long food drive that will benefit our neighbors who depend on Catholic Charities' Cantlay Food Distribution Center.

Drop off your donations at the Spirituality Building, the Ministry Building, or Sacred Heart Chapel when buildings are open.

Art of Spiritual Direction



Do you feel called to become a spiritual director?

Find out more about our three-year program!

Info at: www.thecsd.org | thecsd@csjorange.org | (714) 744-3172

Interested in Receiving Daily Reflections?
SIGN UP HERE



**Need space for staff enrichment, a retreat, prayer group,
planning meeting, or other event?**

Info & reservations: thecsd.org/meetingspaces or (714) 744-3172

To learn more about the
Center for Spiritual Development

Visit our Website

You may also call us at 714-744-3172



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