

SOURCE AT THE CENTER

WEEK ONE

Our Journey Toward Transcendence

Spiritual Direction in the Third Millennium

A New Religious America: Religious Pluralism

Spirituality and Human Sexuality

Discerning the Movements of the Spirit

WEEK TWO

Stages of Life: Stages of Faith

Toward a Holistic Spirituality

Supervision: A Tool for Spiritual Directors

Ethical and Legal Issues in Spiritual Direction

The Way of Final Integration


Center for
Spiritual
Development

A Ministry of the Sisters of St. Joseph of Orange

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CHANGE SERVICE REQUESTED



August 1-14, 2010

Center for
Spiritual
Development 

LMU|LA
Loyola Marymount
University

Source at the Center

According to the ancient Roman Catholic tradition, there have always been women and men in the faith community whose very nature and connection with God has led people to seek them out to be companions on the spiritual journey. These holy people possessed a wisdom and contemplative listening presence to others and were called by many names: Desert Fathers and Mothers, confessors, anchorites, anam cara (Celtic), the staretz (Russian Orthodox), and spiritual directors. The tradition and inspiration of the Holy Spirit continues!

Today, there are men and women who have become spiritual directors in ways they had not expected. In all cases, they knew and trusted the urging of the Spirit who led people to them; people who sought them out to be companioned in spiritual direction. Such directors may not have completed any formal spiritual direction training program, however their role as spiritual director is genuine, and guided by the Holy Spirit, whom they constantly discern to be active at the core of their being.

Who May Benefit?

The Source at the Center, grounded in the Catholic Tradition and sponsored by the Center for Spiritual Development, is a **two-week intensive program designed for two groups of individuals:**

- a) spiritual directors who have not completed any formal training and would like a program that would be supportive of their ministry, and
- b) trained spiritual directors who would like a short refresher program to restore and renew themselves in the ministry.

Program Design

- Participants will live on campus.
- All meals and class materials will be provided.
- Day Commuters are accepted.
- Classes will be held Monday-Friday from 9:00 am - 4:00 pm
- Each day will be an exploration of a topic which includes:
 - a) in-pur
 - b) reflection
 - c) shared reflection in a spiritual direction setting
 - d) small group reflections

Continuing Education Credits

Participants will receive a Certificate of Completion at the conclusion of the program from the Center for Spiritual Development.

Participants may apply for six (6) continuing education units from Loyola Marymount University, Los Angeles. There is an additional fee for this, and the submission of a completed written assignment.

Class size is limited for this program.

Full-time Participants:

Program Fee: \$1850
Includes accommodation, meals, materials and class time.

Day Commuters

Program Fee: \$1200
Includes lunches, materials and class time.

6 CEUs from LMU/LA

Fee: \$75 upon arrival

Registration Information

Please Include:

- A one page autobiography (12 point type)
- A one page reflection on why you would like to participate in this program.
- One letter of recommendation from one of the following: bishop, pastor, spiritual director, superior, Rabbi
- Enclosed \$200 non-refundable deposit

Title: _____

First Name: _____

Last Name: _____

Address: _____ Apt. _____

City: _____ Zip: _____

Phone: _____



**Please send your application by
May 31
to:**

**Margaret Scharf, OP
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